(The following information comes from a weekly update supplied to the Ogema concerning the tribal government, local communities and issues that affect overall tribal business.

P.2-FROM THE OGEMA'S OFFICE/COMMERCE

P.3-HEALTH CLINIC/ FAMILY SERVICES

Traditional Healer J. D. Gibson

Will be in Manistee on December 7th. IHS eligible Native Americans may schedule appointments by contacting Julie Wolfe at Be Da Bin Behavioral Health at 231.398-6740. Be Da Bin also invites everyone to join them in a feast from 11:30 to 1 p.m. to show our appreciation to the Healer. The feast will be held at the old Community Center, by the Admin building.

P.4- TRIBAL COURT/ EDUCATION

P.5- ELDERS

Hunters, fishers and gatherers

We invite you to send us your 2010 hunting, fishing and gathering success pictures via Email, Post Office or to simply drop them off at the department. You are also welcome to add a story which may also make its way to the Currents if you'd like. We add all submissions to our Wall of successful hunters, fishers and gathers and would proudly like to add yours.

Email: bharnish@lrboi.com

Address: LRBOI Natural Resource Department

Atten: Bonnie Harnish 375 River Street Manistee, MI 49660

Election Calendar/ Voter Registration.

Please note the calendar and announcement from the Election Board in the Rapid River News concerning the upcoming tribal election

Special Election announced

The Election Commission has announced that due to the unexpected resignation of board member Nancy Kelsey last week, a special election will have to be held to fill her position. Details on the special election will be mailed to all tribal citizen voters and will appear in the *Currents*. No reason for the resignation of Kelsey was provided..

Warriors Society Updates

The Warrior Society has several announcements:

- o They wish to acknowledge tribal descendents currently serving in a combat zone as well as tribal citizens from LRBOI. Please contact the Warrior Society with your information.
- o The new Warriors Society Ordinance is on the approved Ordinances website, under chapter 700, Title 09 www.lrboi.com
- o Next meeting is December 4th at the Aki Maadiziwin Community Center

Muskegon Project

The Little River Band of Ottawa Indians (LRBOI) has announced the launch of a website, *Muskegon Jobs Now*, viewable and searchable at http://muskegonjobsnow.com. The new website provides a comprehensive overview of the economic benefits that a proposed casino at the former Great Lakes Downs racetrack in Fruitport Township would provide the residents of Muskegon County and the state of Michigan. In addition, the website provides supporters an opportunity to check on the status of the project and contact legislators.

Trading Post logowear!

We are proud to announce that our logo apparel is now available online. You may go to www.baysupplyinc.com and on the left side of the page click on Little River Trading Post and place your order. Payment is via Credit Card and your order will be shipped directly to your door step. Also check back we are always adding new things to order. Thank you and Happy Holidays from all of us at the Trading Post.

Work Search Computer!

The Commerce Department's Workforce Development Program has had a computer installed for job search and career-related activities at the Commerce Dept., 294 River Street. The computer may be used by any Tribal Citizen or Descendant and they must be signed up with the Workforce Development Program. The department also maintains a hard copy Job Postings Book at the workstation for all job postings through Tribal Government and LRCR, as well as other job resource information.

(Kateri Circle)

"We do not want riches, but we want to train our children right. Riches would do us no good. We could not take them with us to the other world. We do not want riches, we want peace and love."

-- Red Cloud, OGLALA LAKOTA

The Elders say that what is important is peace and love. To have material things is okay, but if not, that's okay too. To have peace and love is more important than anything material. Our children will see the value of peace and love only if adults show they are a priority. Too often we think we can offer material things and they will replace the time spent with our children. But the most important way to give our children peace and love is to spend time with them.

My Creator, give me Your peace and love today.

Youth Build Program:

The Manistee Youthbuild program is now taking applications for the 2011 term which will begin the first week of February 2011. The program is open to young adults between the ages of 18 and 24 who are lacking a diploma or GED and who would like to learn the building trades. Participants who complete the program successfully will earn their GED, their NCEER construction certification, their OSHA safety training certification, and will be involved in workplace readiness and leadership activities.

This session will accept 24 participants. Applications are available at the Manistee Michigan Works office. Completed applications should be returned to Cheryl Bendig, Youth Advisor at the Manistee Michigan Works office, in person, via fax (723-4610) or via mail. Her mailing address is Michigan Works, 1660 US 31 South, Manistee, MI 49660.

If anyone would like more information about the program, please have them contact Cheryl at 231-398-3162 or the Youthbuild office at 231-887-4448. This website http://www.nwm.org/youthbuild.asp contains information and videos about some of the projects the Manistee Youthbuild group has been involved in

Commissions/Committees:

The following commissions have current openings.

Gaming Commission
Health Commission
Binojeeuk

2 openings
2 openings
1 openings

LRCR Board 1 opening for an elected official

All other commission seats available have been filled.

Health Clinic/ Family Services Rapid River News!



Wii Bowling for Elders

The CHRs from Tribal Health are holding Wii bowling for the Elders at the Community Center on Wednesday afternoons at 1 p.m. The fun game is really taking off and they hope to add more days as more and more people sign up. For more information, contact your CHR or Tribal Health.

HIS & HERS GOOD FELLOWSHIP AA GROUP

has been moved to the Aki Community Center at 29 Shaw Be Quo-Ung, Manistee. That is at the corner of

Come Join the Diabetes Talking Circle Learn:

- Myths about diabetes
- **Diabetes prevention**
- Diabetes risk factors
- **Types of diabetes**
 - Eating healthy, dietary guidelines
- Reading food labels and shopping for healthy foods
- Healthy food preparation
- Traditional foods
- Routine medical care

This group can help support your desire to change your eating habits/diet, support a family member with diabetes, and assist you in making changes to be healthier. Tuesday 5:30 p.m.-6:30 p.m. at the Tribal Health Clinic or Wednesday 1:30 p.m.-2:30 p.m. Aki Community Center. Classes run for 12 weeks. For more information or to sign up for a class contact Holly Davis RN, MSN Diabetes Educator/Community Health Nurse 231-398-6610 or Teresa Johnson Community Health Representative at 231-398-6629.

Domestic Violence Advisory Committee

The Little River Band of Ottawa Indians Family Services, Domestic Violence Program invites native women to help form and serve on an advisory committee to help address the issues and barriers for women who may be in an abusive relationship or are trying to seek help to get out of an abusive relationship. The advisory committee will address domestic violence, sexual assault, dating violence and stalking.

Domestic violence affects each of our lives. It extends to all socioeconomic groups, ethnicities, and genders. If you feel that it has surpassed you, look closely in your workplace, neighborhood or church congregation.

Violence against Native women is a substantial public health problem today. In the largest ever survey of its kind, the 2008 CDC report on health and violence found that 39% of Native women surveyed identified as victims of intimate partner violence (IPV) in their lifetime, a rate higher than any other race or ethnicity surveyed. During a three year span, homicide was the third leading cause of death for Native women. Of the Native women murdered 75% were killed by a family member, an acquaintance, or someone they knew. Lastly, 17% of Alaskan Native and American Indian women will be stalked during their lifetime. (Brenda Hill, SDCADVSÁ).

Who should serve on an advisory committee?

Survivors: Women who are survivors of domestic violence, sexual assault, dating violence or stalking can draw on their personal experience to identify the gaps in service in our community. They can also help identify gaps in services or barriers to victims trying to access services in our community.

Victim Advocates: Women who have a history of providing assistance to American Indian or Alaskan Native Women who are victim of domestic violence, sexual assault, dating violence or stalking.

Women who are committed to ending violence against women: Must have a willingness to participate in education and training to increase your understanding of domestic violence, sexual assault, dating violence and stalking.

This Volunteer opportunity requires that you be willing and able to meet together on a regular basis to discuss issues related to violence against women in our communities.

Please call Angie McNally, Family Services, Domestic Violence Program Coordinator 231-398-6723



All Singers & Drummers

If you are interested in learning about our tribal songs and drumming, a group has formed to practice on Wednesdays. Please feel

free to call Bill Memberto at 398-6728 regarding this effort.

MITW Reminder-

If you are applying for the Michigan Indian Tuition Waiver you will be denied by the Michigan Civil Rights Department if you do not include a copy of your Michigan Driver's License (or State of Michigan ID) and your Tribal ID card. Make sure you include it with your application.

Tutoring Assistance

Where: LRBOI Old Community Center

Dates: Every Wednesday -October 6th – December 8th Time: 2pm - 6pm(ish) Contact: Santana Aker – **Education Youth Assistant** Phone: (231) 398-6654 Email: Saker@lrboi.com



- •Walk-ins welcome Appointments preferred
- The tutoring is available to any student finding they need help in any subject area. I have a strong knowledge base of most subjects, but my emphasis areas are in Social Studies/History and English.
- If you need assistance in any other education related task, such as organization, time management, etc. These are areas that I can also assist in helping.
- I am available to <u>college students</u>, but the time reserved for them is between 2pm - 3:30pm, which is before high school students are out of school.

Opportunity for Training:

Attention!!! The tribal government recently created a partnership with Occidental Chemical Corporation in Ludington, Michigan to identify those Tribal members that may be seeking current opportunities and up to 40 new positions by the year 2014 in the Maintenance profession with welding and electrical backgrounds.

We will be working closely with workforce development to identify those parties who are interested in obtaining the required training and schooling to get into their apprenticeship programs and other training in welding and electrical through schools such as West Shore Community College and other certification institutions.

If you know of anybody interested in pursuing this career opportunity or who may be qualified for the current position, please forward their resume and information to our HR department or Dave Hawley in workforce development. If any individual needs more information or needs help in formatting a resume, our Workforce Development department will assist in that process.

Court Docket

This information is subject to change without prior notice. Updated: 12-1-10 If you are interested in a hearing, please call the Tribal Court office (231-398-3406) the day before to confirm the schedule.

CO - Cora Offense/Conservation

DM - Divorce with children

EB - Election Board Appeal

FSJ - Foreign Support Judgment

GM - Guardianship of Minor

JV - Juvenile

NC - Name Change

TA - Trust Access

CS - Child Support

DO - Divorce w/o children

EM - Emancipation of Minor

GA - Gaming Appeal GR - Employment Matter

LT - Landlord Tenant

PF - Probate

TM - Tribal Misdemeanor

CT - Civil Ticket EA - Enrollment Appeal FJ - Foreign Judgment

GC - General Civil

JC - Judicial Complaint

NA - Neglect Abuse

PPO - Personal Protection Order WC - Workmen's Compensation

Monday, December 6, 2010; Judge Bailey

10:00 a.m. Leonard v. Gaming - 10288GA Gaming Appeal Hrg..

11:00 a.m. Wahr Jr., Petitioner - 10254TA Trust Access Hrg. 01:30 p.m. Stevens v. Stevens - 10202DM Pretrial

Thursday, December 9, 2010; Judge Sherigan

01:30 p.m. Neglect/Abuse Hrg. - 09053NA Closed

03:30 p.m. Neglect/Abuse Hrg. - 08284NA Closed

Monday, December 13, 2010; Judge Bailey

10:00 a.m. Pauley v. Pauley - 10132DM Pretrial

11:00 a.m. Meeting Scheduled

01:30 p.m. Hanson v. Ledoux - 10212LT Pretrial02:00 a.m. Green v. Green - 10213DO Final Divorce

Friday, December 17, 2010; Appellate Justices 10:00 a.m. Tribe v. Stone - 10178AP Oral Arguments Monday, December 20, 2010; Judge Bailey 10:00 a.m. Fox v. Fox - 10222AN Annulment 01:30 p.m. Martin v. Tribe - 09248GC Show Cause 01:45 p.m. Martin v. Tribe - 09248GC Show Cause

December 24, 2010 to January 3, 2011 HOLIDAY (COURT CLOSED)

Elders



Tips For Healthy Holiday Eating.

Don't go to a party hungry: we often eat faster and more when we are hungry - therefore eat a wholesome breakfast and lunch on the day to avoid overeating at the party.

Watch your portion: treat yourself to a nice drink, dessert, chocolate or sweets without guilt, but always watch your portion. Go for small portions. This way you can sample all the different foods. Moderation is always the key.

Make a conscious choice to limit high fat items: high fat food items can be found in fried food, cream-based soup, cheese-filled casseroles, pies, processed meats such as salami and sausages, some pastries and baked goods.

Meals served at Noon at no charge to Elders who have completed the Intake Form and their Spouse or Handicap/Disabled individuals who reside with Elder. All other guests are welcome to join Elder for a nominal charge not to exceed \$5.00. Provided all eligible Elders have been served first. Donations are appreciated and are used for program activities and food. Volunteers receive a free meal for helping with meals.

Please contact Noelle Cross with any questions Phone: 231-398-6886 E-mail: ncross@lrboi.com

Volunteers are needed to help with meals, if interested please contact Noelle.

Aki Community Center Elder Meal Program Menu



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------|--|-------|---|-----|---|-----|
| | | | 1 | 2 | 3 | 4 |
| Meals m | ect to change without the seet 33 1/3 % of the 1600 to 2000 calc | e RDI | Grill Cheese Tomato Soup Celery Sticks Pudding Activity: Wii Bowling | | Chic Taco let & tom Refried Beans Cucumber Salad Sherbet | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | Goulash Cauliflower Fresh fruit | | Meatloaf Mashed Potatoes Corn Chocó Moose Activity: Wii Bowling | | Smothered Chicken Rice Broccoli Tropical Fruit | |
| 12 | 13 | 14 | 15 | | 17 | 18 |
| | Spaghetti Carrots Bread Sticks Sugar Free Pie | | Tuna Melt Chicken Soup Green Beans Piglickin Good Cake Activity: Wii Bowling | | Pot Roast Red Potato Carrots Apricot Crumble | |
| 19 | 20 | 21 | 22 | 23 | 24 | 5 |
| | Potato Soup Wrap Peas Orange Pineapple | | Turkey Mashed Potatoes Corn Sweet Potato Pie Activity: Wii Bowling | | Closed | |
| 26 | 27 | 28 | 29 | 30 | | |
| | Closed | | Closed | | 10 11 2 | |



Elders Meeting:

First
Saturday of every month

Elders Christmas!

The Elders Christmas event will be at their meeting this coming Saturday, the 4th of December from noon until 2 p.m.

| | | | December 2010 | | | |
|--------|---------------|---------------|---------------|-------------------|------------------------------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | | | | | | |
| | | | | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | | | | <u>No</u> 1/2 day | Closed Full Day - Per Policy | |
| | | | | Per Ogema | | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| | Paid Full Day | Paid Full Day | Paid Full Day | Paid Full Day | Closed Full Day - Per Policy | |
| | Per Ogema | Per Ogema | Per Ogema | Per Ogema | | |

| | | | | January 2011 | | | |
|---|--------|--------|---------|--------------|----------|--------|----------|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| Ī | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
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LITTLE RIVER BAND OF OTTAWA INDIANS **ELECTION BOARD** 375 River Street Manistee, MI 49660 (231) 723-8288

Announcement of General Election Date of Election: April 29, 2011 Procedures for Establishing Candidacy

and submit a Declaration of Candidacy packet during the period listed in the Election Calendar, below.

Council in the Nine County District or the At-Large District, a Tribal member must obtain, complete, and submit a

Declaration of Candidacy packet during the period listed in the Election Calendar, below. To run for the Election Board, a Tribal member must obtain, complete, and

submit a Declaration of Candidacy packet during the period listed in the Election Calendar, below.

candidate must obtain, complete, and submit a Declaration of Candidacy packet during the period listed in the Election Calendar, below.

November 1

| Election Calendar | |
|------------------------------|----------------|
| Declaration of Candidacy Pac | kets available |

| Deciaration of Candidacy Fackets available | November 1 |
|--|-------------|
| Declaration of Candidacy Packets due | December 3 |
| Last day to withdraw candidacy | |
| Ballots mailed out for Primary | |
| Ballots due and Primary Election Day | |
| Deadline for Primary Election Challenges | February 18 |
| Ballots mailed | |
| Ballots due and Election Day | April 29 |
| Deadline for petitions for recount | May 6 |
| Deadline for election challenge | May 6 |
| | |

The Primary Election will be conducted by secret mail ballot. The homes of registered voters shall be designated as polls for receive a ballot. The ballot counting will be held at the Little River Community Center on U.S. 31 in Manistee, MI. Ballot

counting process begins at 12:00 pm. The General Election will be conducted by secret mail ballot and a central polling place. The homes of registered voters shall

Enrollment Department to receive a ballot. The central polling place will be located at the Little River Community Center on U.S. 31 in Manistee, MI. The hours for the polling place will be 10 am until 6 pm on April 29, 2011.

Please note: In accordance with the Election Board Regulations chapter 2, section 1(d): "If Voter Registration Form is not received by the Election Board 56 calendar days before an election, the eligible voter will not be registered to vote in that election.'

Deadline for voter registration applications to be in to the Election Board are:

December 17, 2010 for the Primary Election (if necessary); and

March 4, 2011 for the Regular Election.

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Government news you can use Gdinimikaago ... Mino Enuhkummegud

Rapid River News!

nidoo-Gisoons (Little Spirit Moon) rcember 6, 2010 Volume 5 Issue 44



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---------------------------------------|---|---------------------|----------|
| | 1 1 pm to 5 pm | 2 10 am to 2 pm | 3 10 am to 2 pm Muskegon Office | 4 2:30 pm to 6:30 pm Muskegon Office 1 pm to 5 pm Manistee | 5 1 pm to 5 pm | 6 |
| 7 | 8 10 am to 2 pm | 9 10 am to 2 pm Muskegon Office 1 pm to 5 pm Manistee | 10 11 am to 3 pm | Closed for Veteran's Day | 12 10 am to 2 pm | 13 |
| 14 | 15 10 am to 2 pm | 16 10 am to 2 pm Muskegon Office | 17 12 pm to 3:30 pm | 2:30 pm to 6:30 pm Muskegon Office | 19 11 am to 3 pm | 20 |
| 21 | 22 12 pm to 4 pm | 23 1 pm to 5 pm | 24 Closed | 25 for | 26 Thanksgiving | 27 |
| 28 | 29 10 am to 2 pm Muskegon Office 11 am to 3 pm Manistee | 30 1 pm to 5 pm Muskegon Office | Dec. 1 1 pm to 5 pm | 2 2:30 pm to 6:30 pm Muskegon Office 11 am to 3 pm Manistee | 3 10 am to 5 pm | 4 |

The Election Board Office is located in the Old Community Center on South US 31 in Manistee.

Muskegon Four Season's Kateri Circle Gathering for 2010 Dates and Times for coming events—

Patti Włodkowski 755-4865 Christmas Gathering Dec.19, 11 am – 4 pm Times for the Gatherings held at

ST. Thomas Hall 3252 Apple Ave. Muskegon, Michigan { M-46 }

The Time for the Summer Gathering will be 10:30 am to 3 pm

Which will be held at Krause Park { End of Sherman blvd. }

For all gatherings it is requested that thoses attending the POTLUCK bring a dish to passWe try to eat at noon for all gatherings

For Easter –Halloween and Christmas gatherings we would like donations of candy so we can make up goodies bags for the children, with the

extra going to everyone

Any person who wishes to sell their hand made items at our gatherings is welcome to do so, but you are responsible for your own items......

If you would like to volunteer we always need help on set up and clean up

Four Season's Kateri Circle Leader Patti Wlodkowski -

755-4865- Musk Debra Gutowski - Director

Native American Ministry

360 Division Ave. S

Grand Rapids, Michigan - 616-514-6065

Compiled by the Office of Public Affairs

If you have any specific questions, ideas or comments regarding this information, please address them to:
The Office of Public Affairs, LRBOI, 375 River Street, Manistee, MI. 49660. 231-398-6840.
Or send them direct to currentscomments@lrboi.com.
Your comments will be forwarded to the right person at the tribal government within 24 hours.